

# Fort Bend TriPsychlones 08 Tri & More Race Calendar

Date	Day	Race Name	Location	Event Type	Swim	Bike	Run	Notes
<b>July</b>								
07/04/08	Fri	<a href="#">Freedom 5K</a>	Sugar Land, TX	road race			5K	
07/13/08	Sun	<a href="#">Jeff &amp; Brede's Intergalactic Triathlon</a>	Katy, TX	Sprint	300m (pool)	12mi	3mi	beginner-friendly
07/13/08	Sun	<a href="#">1st Annual Iron Brothers Super Sprint Triathlon</a>	Grand Prairie, TX	Super Sprint	400m (open)	11mi	2mi	
07/13/08	Sun	<a href="#">Couples Triathlon</a>	Austin, TX	Sprint	800m (open)	11.2mi	3.1mi	individual race, 2 person teams
07/20/08	Sun	<a href="#">Vineman 70.3 Triathlon</a>	Sonoma County, CA	Half Iron	1.2mi (open)	56mi	13.1mi	
07/20/08	Sun	<a href="#">Webster Bicycle Duathlon Series Race #2</a>	La Marque, TX	Duathlon	2mi RUN	12mi	2mi	
07/20/08	Sun	<a href="#">Katy Flatland Century</a>	Katy, TX	supported ride		100, 57, 44, 33mi		
07/26-27/08	Sat-Sun	<a href="#">South Central Zone, Long Course Championships Swim Meet</a>	The Woodlands, TX	swim meet	various (pool)			
07/27/08	Sun	<a href="#">Small Texan Triathlon</a>	Boerne, TX	International	800m (open)	45K	10K	hilly, good prep for Longhorn
07/27/08	Sun	<a href="#">Silverlake Aquathlon</a>	Pearland, TX	aquathlon	2.5mi RUN	1K swim (open)	2.5mi RUN	
<b>August</b>								
08/02/08	Sat	<a href="#">IronFish Kids Triathlon Ages 7-10</a>	Shreveport, LA	Kids	100yd (open)	5K	1K	
08/02/08	Sat	<a href="#">IronFish Kids Triathlon Ages 11-14</a>	Shreveport, LA	Kids	200yd (open)	10K	2K	
08/03/08	Sun	<a href="#">Sportspectrum RiverCities Triathlon</a>	Shreveport, LA	Sprint	0.5mi (open)	18.2mi	5K	Registration opens JUNE 1
08/03/08	Sun	<a href="#">USAT Sprint National Championship - Cayuga Lake Triathlon</a>	Trumansburg, NY	Sprint	750m (open)	14mi	5K	
08/03/08	Sun	<a href="#">Jack's Generic Triathlon</a>	New Braunfels, TX	Sprint	500m (open)	14.8mi	3mi	
08/09/08	Sat	<a href="#">USAT Youth National Championship Ages 7-10</a>	Colorado Springs, CO	Kids	100m (open)	5K	1K	Barrett
08/09/08	Sat	<a href="#">USAT Youth National Championship Ages 11-15</a>	Colorado Springs, CO	Kids	200m (open)	10K	2K	
08/16/08	Sun	<a href="#">Dam '09 Triathlon</a>	San Antonio, TX	Sprint	400m (pool)	12mi	2.5mi	beginner-friendly
08/17/08	Sun	<a href="#">Ironbabe Sprint Triathlon</a>	Humble, TX	Sprint	300yd (open)	11mi	3mi	women only
08/17/08	Sun	<a href="#">Austin Triathletes Late Summer Open Water Swim</a>	Austin, TX	open water swim	800m, 1.2mi, 2.4mi (open)			
08/23/08	Sat	<a href="#">Clear Lake International Triathlon</a>	Clear Lake, TX	International	1K	30K	10K	
08/23/08	Sat	<a href="#">First-timers Tri Clinic</a>	Sugar Land, TX	clinic				\$15, limit 50
08/23/08	Sat	<a href="#">Hotter'N Hell 2008</a>	Wichita Falls, TX	supported ride		10K, 25mi, 50mi, 100K, 100mi		chip timing available
08/23/08	Sat	<a href="#">Alcatraz Challenge Aquathlon &amp; Swim</a>	San Francisco, CA	Aquathlon / Swim	1.5 (open)		7mi	swim, swim-run, or relay
08/24/08	Sun	<a href="#">Ironman Canada</a>	Penticton, BC	Ironman	2.4mi (open)	112mi	26.2mi	Sandy L
08/31/08	Sun	<a href="#">Summertime Blues Sprint Triathlon</a>	Freeport, TX	Sprint	500yd (open)	15mi	3mi	
<b>September</b>								
09/01/08	Mon	<a href="#">The Austin Triathlon</a>	Austin, TX	Olympic	1.5K (open)	40K	10K	
09/01/08	Mon	<a href="#">Fired Up 5K</a>	Sugar Land, TX	road race			5K	
09/01/08	Mon	<a href="#">SARR Labor Day 5 Mile Whine Run</a>	New Braunfels, TX	road race			5mi	
09/06/08	Sat	<a href="#">Brazosport Relay Triathlon</a>	Lake Jackson, TX	Triathlon Relay	1K (open)	2 x 5K RUN	15mi BIKE	4-person relay only
09/06/08	Sat	<a href="#">7th Annual Deep Eddy Mile</a>	Austin, TX	spring-fed pool swim	1mi (pool)			expected water temperature 68-74°F
09/07/08	Sun	<a href="#">The Stephanie Johnson Tri For Life</a>	Spring, TX	Super Sprint	200yd (pool)	6mi	2mi	beginner-friendly
09/07/08	Sun	<a href="#">The Stephanie Johnson Tri For Life Kids Triathlon</a>	Spring, TX	Kids	100yd (pool)	3mi	1mi	
09/07/08	Sun	<a href="#">PrairieMan Half Iron Triathlon</a>	Grand Prairie, TX	Half Iron	1.2mi (open)	56mi	13.1mi	
09/07/08	Sun	<a href="#">PrairieMan Aquabike</a>	Grand Prairie, TX	Aquabike	1.2mi (open)	56mi		
09/07/08	Sun	<a href="#">PrairieMan Sprint Triathlon</a>	Grand Prairie, TX	Sprint	500m (open)	27K	5K	new this year



## Fort Bend TriPsychlones 08 Tri & More Race Calendar

Date	Day	Race Name	Location	Event Type	Swim	Bike	Run	Notes
<b>September cont...</b>								
09/07/08	Sun	<a href="#">Tour de Pink</a>	<a href="#">Prairie View, Texas</a>	supported ride		12, 23, 47, 63, 80, 100mi		
09/14/08	Sun	<a href="#">Texas Man Olympic Triathlon</a>	Valley View, TX	Olympic	1500yd (open)	23mi	10K	
09/14/08	Sun	<a href="#">Texas Man Olympic &amp; Sprint Triathlon</a>	Valley View, TX	Sprint	500yd (open)	17.6mi	5K	
09/20/08	Sat	<a href="#">USAT Age Group Short Course National Championship</a>	Portland, OR	Olympic	1.5K (open)	40K	10K	by qualification only
<b>09/21/08</b>	<b>Sun</b>	<b><a href="#">Cinco Ranch Triathlon</a></b>	<b>Katy, TX</b>	<b>Sprint</b>	<b>400m (open)</b>	<b>19mi</b>	<b>3mi</b>	
09/27/08	Sat	<a href="#">Sugar Tri Kidz Triathlon Ages 5-7</a>	<a href="#">Sugar Land, TX</a>	Kids	25yd (pool)	1mi	0.25mi	SOLD OUT
09/27/08	Sat	<a href="#">Sugar Tri Kidz Triathlon Ages 8-10</a>	<a href="#">Sugar Land, TX</a>	Kids	50yd (pool)	2mi	0.5mi	SOLD OUT
09/27/08	Sat	<a href="#">Sugar Tri Kidz Triathlon Ages 11-12</a>	<a href="#">Sugar Land, TX</a>	Kids	100yd (pool)	3mi	1mi	SOLD OUT
<b>October</b>								
10/04/08	Sat	<a href="#">Komen Houston Race for the Cure</a>	Houston, TX	road race			5K	
10/04/08	Sat	<a href="#">Pineywoods Purgatory</a>	Lufkin, TX	supported ride	25-102mi			
10/04-05/08	Sat-Sun	<a href="#">Bike MS: Valero Bike to the Beach</a>	<a href="#">San Antonio to Corpus</a>	supported ride		150mi		
10/05/08	Sun	<a href="#">Longhorn 70.3 Triathlon</a>	Austin, TX	Half Iron	1.2mi (open)	56mi	13.1mi	
10/05/08	Sun	<a href="#">Toyota US Open Sprint Triathlon</a>	Dallas, TX	Sprint	800m (open)	17mi	5K	
10/05/08	Sun	<a href="#">Toyota US Open Olympic Triathlon</a>	Dallas, TX	Olympic	1500m (open)	40K	10K	
10/11/08	Sat	<a href="#">Ford Ironman World Championship</a>	Kona, HI	Ironman	2.4mi (open)	112mi	26.2mi	
10/11/08	Sat	<a href="#">5th Annual Lake Travis Relay</a>	Lake Travis, TX	open water swim	6-person, approx. 12mi pt-to-pt relay from Mansfield Dam Park to The Pier on LT			
10/11/08	Sat	<a href="#">SkirtChaser 5k</a>	Austin, TX	road race			5K	
<b>10/12/08</b>	<b>Sun</b>	<b><a href="#">Try Andy's Tri</a></b>	<b>Sugar Land, TX</b>	<b>Sprint</b>	<b>300m (open)</b>	<b>10mi</b>	<b>3mi</b>	<b>beginner-friendly</b>
10/12/08	Sun	<a href="#">USA Ten Miler</a>	Clear Lake, TX	road race			10mi	
10/12/08	Sun	<a href="#">Bank of America Chicago Marathon</a>	Chicago, IL	road race			26.2mi	SOLD OUT
10/18/08	Sat	<a href="#">Land Rover Pumpkinman Short Distance Triathlon</a>	Boulder City, NV	Sprint	0.75K (open)	20K	5K	USAT Club Nationals race
10/18/08	Sat	<a href="#">Land Rover Pumpkinman Intermediate Distance Triathlon</a>	Boulder City, NV	Olympic	1.5K (open)	40K	10K	USAT Club Nationals race
10/18/08	Sat	<a href="#">USA Triathlon Halfmax National Championship</a>	Boulder City, NV	Half Iron	1.2mi (open)	56mi	13.1mi	by qualification only
10/18/08	Sat	<a href="#">10 For Texas</a>	The Woodlands, TX	road race			10mi	
10/18/08	Sat	<a href="#">Palo Duro Trail Run</a>	Canyon, TX	trail run			50mi, 50, 20K	
10/18-19/2008	Sat-Sun	<a href="#">LyondellBasell Bike Around the Bay</a>	Galveston Bay area	supported ride		150mi		
10/18-23/08	Sat-Thurs	<a href="#">Tour du Rouge</a>	Houston to New Orleans	bike tour		521mi total, average of 87mi per day		
<b>10/19/08</b>	<b>Sun</b>	<b><a href="#">Du The Bear Duathlon</a></b>	<b>Houston, TX</b>	<b>Duathlon</b>	<b>2mi RUN</b>	<b>12mi</b>	<b>2mi</b>	
10/19/08	Sun	<a href="#">Texas Triathlon</a>	Canyon Lake, TX	Olympic	1500m	26mi	5.9mi	TX State Triathlon Championships
10/22-26/08	Wed-Sun	<a href="#">2nd Annual Highland Lakes Challenge</a>	Highland Lakes, TX	open water swim	5-day & weekend warrior Monster & Mini Challenges and individual stage races			
10/25/08	Sat	<a href="#">Hi-Fi Triathlon Festival Sprint Triathlon</a>	Galveston, TX	Sprint / Olympic	0.3mi (open)	12.5mi	3.1mi	
10/25/08	Sat	<a href="#">Hi-Fi Triathlon Festival Olympic Triathlon</a>	Galveston, TX	Sprint / Olympic	1.5K (open)	40K	10K	
10/26/08	Sun	<a href="#">Koala/Luke's Half Marathon</a>	Houston, TX	road race			13.1mi	
10/26/08	Sun	<a href="#">Marine Corps Marathon</a>	Arlington, VA	road race			26.2mi	

## Fort Bend TriPsychlones 08 Tri & More Race Calendar

Date	Day	Race Name	Location	Event Type	Swim	Bike	Run	Notes
<b>November</b>								
11/01/08	Sat	Ironman Florida	Panama City Beach, FL	Ironman	2.4mi (open)	112mi	26.2mi	Markell L
11/01/08	Sat	<a href="#">The Dam 5K</a>	Lake Travis, TX	open water swim	5K (open)			out & back at Mansfield Dam Park
11/01/08	Sat	<a href="#">Tour de Gruene</a>	Gruene, TX	supported ride		32, 35.8 mi		hilly! non-timed / recreational
11/02/08	Sun	<a href="#">Tour de Gruene</a>	Gruene, TX	team time trial bike race		27.3 mi		hilly! timed
11/02/08	Sun	<a href="#">ING New York City Marathon</a>	New York, NY	road race			26.2mi	by lottery or qualification only
11/02/08	Sun	<a href="#">Tour de Donut</a>	Katy, TX	supported ride		various		
11/08/08	Sat	<a href="#">Ironman World Championship 70.3</a>	Clearwater, FL	Half Iron	1.2mi (open)	56mi	13.1mi	by qualification only
11/08/08	Sat	<a href="#">Rocky Raccoon 25/50K</a>	Huntsville, TX	trail run			25, 50K	
11/09/08	Sun	<a href="#">Iron Star Triathlon</a>	Montgomery, TX	Half Iron	1.2mi (open)	56mi	13.1mi	
11/09/08	Sun	<a href="#">HMSA Classical 25K</a>	Houston, TX	road race			25K	
11/16/08	Sun	<a href="#">Rock 'N' Roll San Antonio Marathon/Half Marathon</a>	San Antonio, TX	road race			26.2mi	
11/23/08	Sun	<a href="#">Ironman Arizona - Fall</a>	Tempe, AZ	Ironman	2.4mi (open)	112mi	26.2mi	

**Legend:**

	Official Team Race, team tent will be set up
	SMW Region Championship race (worth more points)
<b>Bold</b>	Recommended race &/or volunteer opportunity
Black	USAT Sanctioned, SMW Region point-eligible race
Purple	Not a SMW Region point-eligible race
Blue	Cross training &/or team training opportunity
Green	Kids-only race

**Other helpful Websites:**

[www.trifind.com](http://www.trifind.com)  
[www.runnertriathletenews.com](http://www.runnertriathletenews.com)  
[www.signmeupsports.com](http://www.signmeupsports.com)  
[www.active.com](http://www.active.com)  
[www.eztoregister.com](http://www.eztoregister.com)  
[www.usatriathlon.org](http://www.usatriathlon.org)  
[www.smwtriathlon.org](http://www.smwtriathlon.org)